

The Hidden Harmony of the Seder – A Participant's Guide

A condensed guide to help us follow, feel, and reflect on the night's deeper journey.

This year, we're using the Seder's rhythm to reflect on how we move from brokenness to wholeness — and what's revealed along the way.

This guide invites us into the deeper rhythm of the Seder: moving between broken and whole, between what's hidden and what's revealed. We'll focus on faith, insight, and how returning to what was hidden brings wholeness and redemption.

Kadesh – We Begin with Purpose

- Kiddush sets our intention: to connect past and future.
- *Optional Reflection:* What are you bringing into tonight's Seder?

Urchatz – Preparing Quietly

- We wash without a blessing—not all preparation is visible.

Karpas – Asking Begins the Journey

- We dip a vegetable and spark curiosity. Questions are holy.

Yachatz – Breaking to Build

- We break the middle matzah and hide half.
- Later, we'll bring it back. Wholeness takes time.

Maggid – Living the Story

- We retell the Exodus—not as history, but as something still alive.
- Faith is trusting in what's unfolding, even when it's still hidden.

Rachtzah & Motzi Matzah – Ready to Receive

- We wash and eat matzah—the bread of faith.
- *Optional Reflection:* Are we ready to take in something holy?

Maror – The Gift of Bitterness

- We taste maror. Struggle shapes the soul.

Korech – Holding Both Together

- Matzah + maror = joy and struggle. Freedom isn't one without the other.

Shulchan Orech – Celebrating Together

- We eat with joy and presence. Wholeness includes good food and each other.

Tzafun – The Return of the Hidden

- The Afikoman comes back. The story isn't complete without it.
- *Optional Reflection:* What have you hidden that you'd like to return to?

Barech – Gratitude

- We thank G-d. Gratitude deepens meaning.

Hallel – Singing Wholeness

- We end with praise. Each part of the journey makes the song richer.

Nirtzah – Still Searching

- The Seder ends, but the search continues.
- Wholeness isn't finding—it's returning.
- We end with a vision: one based on what was found and what was brought back to us.
And with it, we carry forward something richer — not just knowledge, but knowing.

Optional Interactive Ideas for the Seder

- Match the Opposites: Hidden ↔ Revealed, Broken ↔ Whole, Faith ↔ Logic.
- The Matzah Harmony Test: Are we ready for something holy?
- Another Four Questions: What are you waiting for? What have you understood? What have you returned to? What are you ready to praise?
- Before Afikoman: What do we hide? What needs to be returned?
- Closing Thought: Wholeness isn't finding. It's bringing back what was lost.