



בס"ד

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# REMINDERS FOR THE MONTH OF MENACHEM AV 5773

## THROUGHOUT THE 9 DAYS

- **Siyum**: It is customary to hear and take part in a' *Siyum Maseches* (each day of the nine days) even on the radio etc. -but we do not eat meat afterwards. (We give *Tzedoko* during the *Siyum*.)
- We add in the learning of *Torah* and giving *Tzedokoh* (based on the *Possuk* "במשפט תפדה ושבי בצדקה").
- **Hilchois Beis Habechira**: There are eight chapters in the laws of the *Bais Hamikdosh* of the *Rambam*. Every day we learn one chapter.
- **Shehecheyonu**: We do not recite the blessing of *Shehecheyonu*, even on *Shabbos*.
- **Bris Mila**: If there is a *Bris* or *Pidyon Haben*, we do eat meat and drink wine.
- **Tish'a B'av shoes**: If one does not have shoes for *Tish'a B'Av*, it is permissible (bedieved) to buy them during the 9 days.

- **Pregnant or nursing women** who find it hard to fast should consult (a doctor, and then (the Rov) **.Please do not wait until the last minute!**

## EREV SHABBOS CHAZON - 5 MENACHEM AV - YOHRZEIT OF THE ARIZA"L

- It is an auspicious day to devote to disseminating the wellsprings of *Chassidus*.
- When preparing the food for *Shabbos*, it is permissible to **taste** the *fleishig* foods to see if they taste good [but we do not partake of the food like every Friday to fulfill **טועמי' [חיים זכו**].
- In honor of *Shabbos* we wear normal *Shabbos* clothing.



## SHABBOS CHAZON

The famous *Moshol* (parable): It is a *mitzva* to publicize, and especially in the name of the one who said it, the famous *moshol* of R' Levi Yitzchok of Berditchev about *Shabbos Chazon*, with the father and son and the 3 suits. See Likutei Sichos Shabbos Chazon - Volumes Beis, Tes, Chof Tes, Lamed Tes etc.

## SHABBOS DAY

*Krias Hatorah* is read as usual, i.e. the *Aliya* of *Sheni* begins as regular from "*Eicha*". I heard this from my wife's grandfather, R' Mordechai Shusterman who was the *Baal Koreh* in 770 and this is how he *layend* in the Rebbe's Shul. (see the details in his Sefer on page 138).

## MOTZOEI SHABBOS

*Havdolo* is recited on wine and it is given to a child to drink. If there is no child in the house, the one who makes *Havdolo* may drink it himself.

## MONDAY, EREV TISHA B'AV

- **Chitas and Hilchois Bais Habechira:** Should be learned before *Chatzos*/midday.
- **Daily Rambam:** May be learned only until *Chatzos*. (If it wasn't done then, it may be learned after the fast.)
- After *Chatzos*/midday one may learn only topics allowed on *Tisha B'Av* (Excerpts from tractate *Moed Katan*, *Taanis*, *Gittin* etc.). One may learn *Chassidus*.

## MINCHA

*Tachanun* is not recited

## SEUDA HAMAFSEKES (THE MEAL PRIOR TO THE FAST):

- Since you have to finish eating before *Shkia*/sundown, plan to begin the meal early enough to be finished on time.
- Prepare ashes, bread and hard boiled eggs.
- Three (or more) men should not sit together as to not cause the need to make a *Zimun*. If they did sit together, they still do not make a *Zimun*.
- We change into the other shoes before dark, not before *Seuda Hamafsekas*.
- We sit on a low stool.
- We may not drink alcoholic beverages but we may have coffee or tea.

- At the meal we eat bread dipped in ashes, and a cold hard-boiled egg dipped in ashes.
- *Birchas Hamazon* is recited as usual.

## BEFORE DARK

We change into the "*Tisha Beav*" shoes.

## MAARIV

- Before *Maariv* we remove the *Poroiches* from the *Aron Kodesh*, and the cover of the *Bima* and the cover of the *Shtender* of the *Chazan*.
- We sit on a low stool/chair.
- After the *Amidah*, *Kadish Tiskabel* is recited.
- *Eicha* is recited.
- **Veato Kodosh:** We say *Veato Kodosh* (and *Kadish* without *Tiskabel*).
- **Oleinu Leshabeach:** Then we say *Oleinu Leshabeach*. [Mourners say the *Mishnayos* of the third chapter in *Moed Koton*].
- In 5751 the Rebbe distributed dollars after *Maariv*.

## DURING THE EVENING

- **Netilas Yadaim** (after using the washroom) is only until the knuckles.
- **Learning Torah:** On *Tish'a B'av*, the Rebbe Rasha"b would learn *Midrash Eicha Rabba* and the *sugya* of 'Rabbi Yochanan' in *Perek Hanizokin* (in *Maseches Gittin*).
- **Chassidus:** It is permissible to learn *Chassidus* (*Pnimius Hatorah*).
- **Siyum:** A *siyum* should be made on any of the *Masechtos* that are permitted to be learned on *Tish'a B'av*.
- **Story of the Heiliger Ruzshiner:** it is proper to read the story of the *Heiliger Ruzshiner* printed in *Sefer Haminhogim* on page 48.

*The Tzemach Tzedek, who used to refer to the Rebbe [R. Yisrael] of Ruzhin as "the holy Ruzhiner," once related: "The holy Ruzhiner would not brook any melancholy nor even bitterness - with the result that his Chassidim became playful. One Tishah B'Av they occupied themselves for a while tossing burs at each other. They then decided to clamber on to the roof of the Beis Midrash, and to lower a noose over the entrance. Whoever walked in the door could then be lassoed and promptly hoisted on to the roof. The prank succeeded until, sure enough, who should walk in but - their Rebbe, the Ruzhiner. From up there it was hard to tell one hat from another, and only when the Tzaddik was*

halfway up did they identify him.

"When they had lowered him to the ground he exclaimed: 'Master of the Universe! If Your children do not observe Your Yom-Tov, then take it away from them!'

- It is not our custom to sleep on the floor or to place a rock under the head for sleeping.
- **Tuesday Morning, Tish'a B'Av**
- **Netilas Yodaim** only until the knuckles.
- "שעשה לי כל צרכי" is not recited until tomorrow.
- **Good morning** :We do not wish each other good morning ,good day etc.

### SHACHARIS

1. We do not put on *Tallis* and *Tefillin*. 2. *Tachanun* is not said. 3. The *Tzitzis* are not held at any point during *davening*. 4. (*Chazan* says *Anenu* and does **not** say *Birchas Kohanim*). 5. *Krias Hatora* (Ki Soild Bonim)\* and the third *aliya* is *Maftir*. (Half *Kaddish*. *Haftorah*. *Yehalelu* and return the *Sefer Torah* to the *Aron Kodesh*). 6. *Kinos*. 7. We say *Ashrei*. We do not say "זבא לציון...נאום ה'". Then we say "זבא לציון...נאום ה'". and we skip "ואני זאת בריתי... מעתה ועד עולם" and then continue from "ואתה קדוש". (Whole *Kaddish* without *Tiskabel*). 8. We do not recite *Shir Shel Yom* and *Ain Ke'elokeinu* (It will be recited later before *Mincha*). 9. *Aleinu*. (If there is a mourner he says the *Mishnayos* of *Moed Koton*). 10. Each person reads *Eicha* to himself.

### AFTER CHATZOS (MIDDAY) - [IN NY: 1:01.]

- It is permissible to sit a regular chair.
- **The Daily Rambam**: is learned after *Maariv*.

### MINCHA

[In *Shul*, before *Mincha*, we roll back the *Sefer Torah* to *Vayechal* and return the *Paroches* to the *Aron Kodesh* etc].

1. We put on the *Tallis* and *Tefillin*.
2. We say the 3 paragraphs of *Shema*; *Shir Shel Yom* [*Kadish*]; *Ein k'elokeinu* [*Kadish*].

3. *Chitas*.
4. *Korbonos* and *Mincha*,
5. *Krias Hatora* (*Vayechal*) and *Maftir*. Half *Kadish*.
6. In the *Amidah* we add: In *Boine Yerushalayim* - *Nacheim* and in *Shomea Tefila* - *Aneinu*.

If one forgot to say *Nacheim*: He should say it in *Shema Koleinu* after *Aneinu*. If he forgot there, he could say it before *Vesechezeno*. If he forgot there, he can say it before *V'al Kulam*. If he forgot completely, he doesn't have to repeat the *Shemone Esrei* again.

**If one forgot to say *Aneinu***: He should say it before the second 'Yihyu Lerotzon' but should not say the *Beracha* at the end. If he forgot completely, he doesn't have to repeat the *Shemone Esrei* again.

7. In *Chazoras Hashatz*, *Birchas Kohanim* is recited.
8. Then *Aleinu* and *Kaddish*. Mourners *Mishnayos* is the regular ones.
9. *Rabbeinu Tam's Tefillin* are donned as usual. After "*Vehoyo ki Yeviacho*" we say the "*Shesh Zechiros*".

### TZEDOKO:

In 5751 the *Rebbe* distributed dollars after *Mincha*.

### MAARIV: [IN NY 9 PM]

- In 5751 the *Rebbe* said a *Sicha* and distributed dollars before *Maariv*.
- We *daven Maariv* as usual.

### AFTER MAARIV:

1. Change to regular shoes.
2. Wash your face.
3. Wash regular *Netilas Yadayim* (like in the mornings) without a *Beracha*.
4. *Kiddush Levana*.

### **AFTER THE FAST:**

We do not eat meat or drink wine nor do any of the things that were not permitted during the nine days until tomorrow after *Chatzos*/midday.

### **SIYUMIM:**

We continue to partake in *Siyumim* until the Fifteenth of *Menachem Av*.

### **SUNDAY, 14 MENACHEM AV**

In *Mincha* we do not recite *Tachanun*.

### **MONDAY 15 MENACHEM AV "TU B'AV"**

- We do not recite *Tachanun*.
- The *Gemoroh* says that from the 15th of *Av* the night becomes longer and we must add in our learning of *Torah*.

### **SHABBOS, PARSHAS EKEV - 20 MENACHEM AV - 69TH YOHRZAIT OF THE REBBE'S FATHER "הרה"ג והרה"ח המקובל ונו' ר' לוי יצחק**

The Rebbe writes in a letter: The *Shabbos* after the 15th of *Menachem Av* \* will be the 20th of *Menachem Av*, the *Yom Hayohrzeit Vehahilula* of my father... On me lies the obligation and great *Zchus* to suggest and request etc. to learn (in a *Farbrengen*) from his *Torah*, and to donate to *Tzedoko* in his memory, as he was "*Moiser Nefesh*" for spreading *Yiddishkeit* amongst the *Yidden* "behind the Iron Curtain", and because of that he was incarcerated, sentenced to exile and died in exile and is buried there. זכורנו יגן עלינו ועב"י - שליט"א

Our thanks to Raabi Levi Yitzchok Garelik for his assistance in preparing this guide

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*May these days quickly turn into days  
of joy with the revelation of Moshiach  
Tzidkeinu immediately!*

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